

Saison 2009/2010

**Temps de Qualification Femme
au Championnat Interrégional**

FEMMES	SI	Jl	C2l	C1l	M2l	M1l et BJ2
	SENIOR INTER REGIONAL (SE)	JUNIOR INTER REGIONAL (SE)	CADET 2 INTER REGIONAL (SE)	CADET 1 INTER REGIONAL (SE)	MINIME 2 INTER REGIONAL (SE)	MINIME 1 INTER REGIONAL (SE)
50 NL	29,02	30,29	30,48	30,66	30,86	31,58
100 NL	1.02.60	1.05.32	1.05.75	1.06.11	1.06.56	1.08.11
200 NL	2.14.77	2.20.64	2.21.55	2.22.34	2.23.29	2.26.65
400 NL	4.41.79	4.54.04	4.55.96	4.57.63	5.01.33	5.08.41
800 NL	9.40.00	10.05.21	10.09.16	10.12.58	10.20.21	10.34.79
1500 NL	18.27.48	19.15.77	19.16.97	19.23.47	19.37.95	19.58.61
50 DOS	33,45	34,89	35,13	35,32	35,56	36,39
100 DOS	1.10.33	1.13.39	1.13.88	1.14.28	1.16.21	1.16.98
200 DOS	2.30.31	2.36.84	2.37.86	2.38.75	2.40.73	2.44.52
50 BR	36,34	37,93	38,18	38,39	38,65	39,55
100 BR	1.18.52	1.21.94	1.22.47	1.22.94	1.23.97	1.25.94
200 BR	2.49.65	2.57.02	2.58.18	2.59.18	3.01.41	3.05.68
50 PAP	30,95	32,30	32,51	32,69	32,91	33,68
100 PAP	1.08.05	1.11.01	1.11.47	1.11.88	1.12.77	1.14.48
200 PAP	2.29.25	2.35.73	2.36.75	2.37.54	2.39.59	2.43.35
200 4N	2.32.79	2.39.44	2.40.48	2.41.38	2.43.38	2.47.23
400 4N	5.22.54	5.36.56	5.38.76	5.40.66	5.44.90	5.50.95

**Temps de Qualification Homme
au Championnat Interrégional**

HOMMES	SI	Jl	C2l	C1l	M2l	M1l et BJ2
	SENIOR INTER REGIONAL (SE)	JUNIOR INTER REGIONAL (SE)	CADET 2 INTER REGIONAL (SE)	CADET 1 INTER REGIONAL (SE)	MINIME 2 INTER REGIONAL (SE)	MINIME 1 INTER REGIONAL (SE)
50 NL	24,86	25,80	26,41	26,71	27,66	28,86
100 NL	54,69	56,76	58,10	58,77	1.00.86	1.03.48
200 NL	2.00.51	2.05.05	2.08.01	2.09.47	2.13.28	2.19.87
400 NL	4.18.17	4.26.49	4.32.79	4.35.91	4.45.71	4.48.05
800 NL	8.55.74	9.16.03	9.29.32	9.35.87	9.52.90	10.22.36
1500 NL	17.01.83	17.34.80	17.59.75	18.12.09	18.50.86	19.39.72
50 DOS	29,28	30,40	31,11	31,47	32,59	34,00
100 DOS	1.02.20	1.04.20	1.05.72	1.06.47	1.08.84	1.11.80
200 DOS	2.14.93	2.19.28	2.22.42	2.24.22	2.29.33	2.35.78
50 BR	31,56	32,75	33,51	33,91	35,11	36,63
100 BR	1.08.79	1.11.01	1.12.69	1.13.52	1.16.13	1.19.42
200 BR	2.28.32	2.33.12	2.36.72	2.38.52	2.44.14	2.51.24
50 PAP	27,07	28,08	28,75	29,08	30,11	31,41
100 PAP	59,79	1.01.73	1.03.19	1.03.91	1.06.18	1.09.03
200 PAP	2.13.55	2.17.86	2.21.12	2.22.74	2.27.80	2.34.20
200 4N	2.16.76	2.21.17	2.24.51	2.26.15	2.31.34	2.37.89
400 4N	4.48.15	4.58.48	5.05.54	5.09.03	5.20.00	5.33.82